

Health and Safety Policy Statement

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East Coast Gymnastics is committed to providing a safe working, coaching, teaching and learning environment for all personnel, gymnasts and any related third parties. All gymnasts and personnel have a legal responsibility, as stated under Section 7 of the Health and Safety at Work Act 1974, to do everything practicable to prevent an accident or injury to themselves and to fellow gymnasts and/or personnel. The quality coordinators specific to each qualification are responsible for ensuring this information is fully understood by their qualification team and by the gymnasts who commence courses/programmes in their area.

East Coast Gymnastics aims to promote health and safety, so far as reasonably practicable, by ensuring:

- the provision and maintenance of safe equipment that poses no risk to health
- the provision of relevant information to gymnasts, personnel and any related third parties, including instruction, training and supervision, as is necessary to ensure health and safety
- maintenance of safe environments, including a means of access in a condition that is safe and without risk to health
- progressive identification and assessment of all risk, taking measures to eliminate or control it
- compliance with statutory regulation on health and safety and welfare of gymnasts, personnel and any related third parties
- the health and safety and welfare of vulnerable gymnasts is addressed through positive action
- all required and appropriately qualified members of personnel are given training to identify and control potentially hazardous situations/environments
- effective measures, such as fire alarms, are in place to deal with emergencies.

This list is not exhaustive and represents general principles followed by East Coast Gymnastics in respect of health and safety.

The above are to be achieved in line with the guidance and information given in the British Gymnastics Health & Safety policy, which gives comprehensive guidance and detailed information on all aspects of Health, Safety and Welfare.

The British Gymnastics Health & Safety policy can be Accessed via www.british-gymnastics.org or made available upon request